Year	US Selection Race	Men's USMRC vs WMRC Time	Women's USMRC vs WMRC Time	Men's Distance	Men's Elevation	Winning Men's Time	Women's Distance	Women's Elevation	Winning Women's Time	WMRC	WMRC Men's Distance	WMRC Men's Elevation	WMRC top US Time	WMRC Men's Team Place	WMRC Women's Distance	WMRC Women's Elevation	WMRC top US Women's Time	WMRC Women's Team Place	Elevation Diff men v women	Time Diff men v women	
2016	Loon Mountain									Bulgaira	11.8K	3780	*56:30:00*		8.8K	3360	*51:49:00*		420	4:41:00	*2013 Euro Champs*
2015	Mt. Bachelor	-5:06:00	-3:11:00	10.8K	2300'	46:10:00	7.2K	1500'	36:20:00	Wales	12.5K	2380	51:16:00	4th	8.5K	1600	39:31:00	2nd	780	11:45:00	
2014	Loon Mountain	-5:18:00	-0:43:00	10.6K	3000'	52:37:00	7.7K	2780'	47:12:00	Italy	12K	3608	57:55:00	4th	9K	2330	47:55:00	3rd	1278	10:00:00	
2013	Cranmore	-0:02:00	-2:25:00	12.2K	2950'	56:23:00	8.2K	1940'	42:31:00	Poland	13.5K	2750	56:25:00	4th	9.1K	1840	44:56:00	5th	910	11:29:00	
2012	Washington / Loon	-7:21:00	-1:10:00	12.2K	4600'	58:27:00	7.5K	2730'	46:16:00	Italy	14.1K	3770	65:48:00	4th	8.8K	2490	47:26:00	1st	1280	18:22:00	
2011	Cranmore	-9:45:00	-7:40:00	10.9K	1900'	42:21:00	7.26k	1266'	32:59:00	Albania	12.3K	2180	52:06:00	4th	8.3K	1450	40:39:00	4th	730	11:27:00	
2010	Washington	0:55:00	17:54:00	12.2K	4600'	60:22:00	12.2K	4600'	71:13:00	Slovenia	12K	4000	59:27:00	2nd	8.5K	3150	53:19:00	4th	850	6:08:00	
2009	Cranmore	-9:32:00	11:53:00	11.4K	2290'	48:37:00	11.4K	2290'	57:16:00	Italy	13.2K	2700	58:09:00	6th	8.8K	1800	45:23:00	3rd	900	12:46:00	
2009	Cheyenne Canon	-10:56:00	-6:00:00	12K		47:13:00	8K		39:23:00	Italy	13.2K	2700	58:09:00	6th	8.8K	1800	45:23:00	3rd			
2008	Washington	3:22:00	23:28:00	12.2K	4600'	60:39:00	12.2K	4600'	71:08:00	Switzerland	12K	3050	57:17:00	3rd	8.3K	2260	47:40:00	8th	790	9:37:00	
2008	Berry Picker	-19:02:00	-1:42:00	8K		38:15:00	8K		45:58:00	Switzerland	12K	3050	57:17:00	3rd	8.3K	2260	47:40:00	8th			
2007	Cranmore	6:35:00	6:42:00	13.1K	3380'	62:48:00	8.6K	2250'	49:05:00	Switzerland	12.3K	2560	56:13:00	9th	8.3K	1700	42:23:00	1st	860	13:50:00	
2007	Mt. Tam	-4:12:00	17:22:00	10.4K	2600'	52:01:00	10.4K	2600'	59:45:00	Switzerland	12.3K	2560	56:13:00	9th	8.3K	1700	42:23:00	1st			
2007	Steamboat	-4:31:00	17:06:00	12K		51:42:00	12K		59:29:00	Switzerland	12.3K	2560	56:13:00	9th	8.3K	1700	42:23:00	1st			
																			836	12:15:24	avg time diff up/down
	Avg Short Up/Down	-6:06:15	-0:20:45																		
	Avg Short Uphill	-5:28:48	7:33:24																		